
HYPOCRITES

KNOW BEST

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Free The Vision

A GUIDE TO VALUABLE ADVICE

- 1. But, You're A Hypocrite...**
- 2. Shut The F*CK Up!**
- 3. Distractions: The Frenemy**
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BUT, YOU'RE A HYPOCRITE...

Me: Damn, that was some really good advice.

Me: Don't take it.



I have a confession to make, I am an occasional hypocrite. That's right, sometimes I am better at giving advice than I am at applying it. I have said a lot of things and did the opposite, but that does not make the advice less true or less valid. I have seen advice I have given work greatly for the person I advised. At times, this made me frustrated with myself and other times it inspired me to grow. We advise people in the hopes it will encourage them to be better than the mistakes we have personally made.

There's a misconception that only experts are able to give great advice. That is a major limitation on a person's ability to learn. Hypocrites can serve as proof that when good advice is not taken progress becomes much slower. Life is all about experiences, some great and some challenging, but regardless what side of the fence the experience falls anyone can teach you something valuable. We can study people's experiences to create better choices for ourselves. It is up to us how we apply the lessons we gain from people.

Another issue with the word hypocrite is that it does not give people the space to grow. As we continue to learn different things in life, some of what we believe, say, and do will change, and it should. There are people who will try to hold you to an old mindset, or actions, as to define you by your previous ignorances. You are not your past until you repeat it. Even when you do repeat it, the opportunity for change is greater than temporary setbacks. Don't hesitate to be great, it's your life to mold.

SHUT THE F*CK UP!

ASK FOR HELP, NOT APPROVAL...

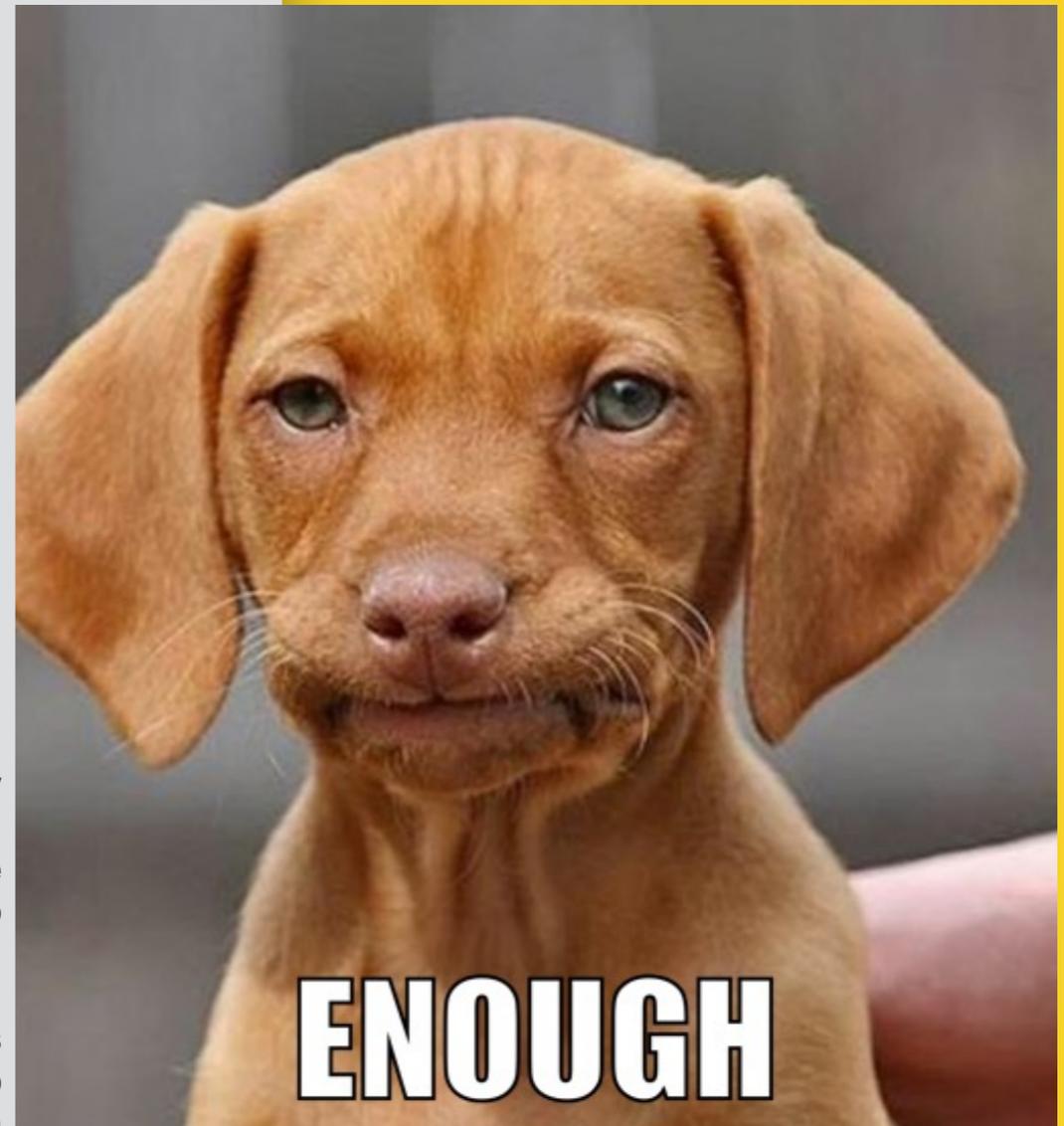
They're not listening, but most of them are watching.

Have you ever taken your ideas to people as if you were asking them for their opinion, but deep down you really wanted to know if they would like your idea? Have you ever allowed someone to talk you out of your goals or ambitions? Lastly, have you ever found yourself speaking about your ideas in a future tense to different people, but never actually accomplishing the idea or even attempting it? Yeaaaah, I have...but let's STOP!

Your ideas are meant to be cultivated and created. We are not supposed to sit on our ideas like they're just figments of our imagination. Our ideas are actually possible. Look around you, everything that is not nature was once someone's idea cars, lights, clothes, shoes, television, your furniture, your house...EVERY-THING!

Ideas are like energy. The more you express them they can either grow, transfer, or reach someone who negatively influences them. Another way to see it is, when you overexert your idea the weaker it becomes. Sometimes you have to conserve your energy so that you can get the most out of it. Same goes for your idea. By all means, it is necessary to ask for help, but don't ask for approval.

The age old cliché still reigns true, "actions speak louder than words". As powerful as words are they have to be direct, intent, and valuable. Stop giving people who don't value your ideas insight on your future. Let them see once you create it.



DON'T BELIEVE ME? JUST WATCH ME...

Everyone wants the car, but everyone can't drive.

One of the biggest slowdowns in creativity is when we wait for others to treat our ideas with the same importance we feel for them. They won't. If you wait for enough people to support your ideas they might never happen. Everyone wants to drive a Porsche but few want to work on the assembly line. Don't allow a lack of assistance be your excuse for a lack of effort. Most people are used to following trends or having a consumer mentality, so in a world full of consumers a creator is a foreigner. All trendsetters are visionaries, so allow your vision to speak for itself. Let your words warn people, not convince them.



“The future is your resumé of today's efforts.”

“Everyone wants to drive a Porsche but few want to work on the assembly line.”

WHEN ALL IS SAID AND DONE...

The future is the result of your present works.

Let's be clear, speaking things into existence is not only real but necessary. It's a vital part of the faith process, BUT you must also meet that claim with effort. You have to move in the direction of your visions in order to align with the lifestyle of what you see. I encourage everyone to write down your ideas, goals, mission, and vision. Keep track of your internal path by creating a plan. The future is your resumé of today's efforts. You might not see every detail in the beginning but the dots connect as you begin to pursue the plan. Each dot is a link to another piece of the puzzle. Life is a scavenger hunt for our visions. With perseverance we are unlimited.



DISTRACTIONS: THE FRENEMY



DON'T LET THAT SH*T DISTRACT YOU

Wherever your attention goes, results will follow.

Distractions are like that friend you invite out because you're bored, but you really don't like kicking it with them and instead of the blank space of boredom you're like "fuck it, I'll deal with them." Then after you two have hung out you feel drained and ask yourself, "Why do I put up with them?"

That's exactly how distractions work and if you could identify with that scenario chances are you're probably being fake and compromising your authenticity for boredom. Don't feel bad, you're not alone, but...let that shit go. Even if "that shit" is a much-needed person, place, or thing. Don't get me wrong, we all go through these struggles of letting go and/or holding on. As a matter of fact, every year right around January 1 - you hear countless people talking about letting something go as if this day is the only time it was best to do so. But, no judgment because, shit, I'm a hypocrite. I understand the distraction feeling so temporarily & immediately satisfying you don't want to let it go out of a fear of feeling nothing at all or not knowing what to do with yourself.

The thing is, on the other side of distractions are better occupants. Life is about time and space. The more we fill it up with anything the more we have of that filler. It does not matter what the "thing" is we indulge in. So, by all means, our distractions will be enjoyable...they're basically an escape from whatever we might need to be doing and sometimes that feels like a heavy responsibility. And we all know, as adults, we want to minimize our responsibilities because we think responsibility means "less fun" or "more shit to do".

When in all honesty, responsibility is just more shit to gain. Think about it. More money, more problems...or at least that's what they say. I'm still trying to find that out. Hopefully, there's enough money for someone else to take care of those "problems".



LIKES, GETTING THE WORLD HIGH!

LIKES vs. INFLUENCE

Let's keep it real, we've all posted that picture to social media and clicked refresh enough times for our thumbs to build a 6-pack. Likes on social media have created a new breed of attention addicts. I'm guilty of it. Most times, social media serves as an escape or time killer for the average person, but what happens when "likes" start to drive a person's motives?

We see so many people doing whatever they can to get the approval of the digital world. Trying to please and gain fame from a bunch of people they don't, or barely, know. Here's a fact - likes don't equal dollars, but influence does.

Social media is a great tool for brand building and accessing people you never had a reach to before. While it's easy to get people to like & notice you, it's profitable to get people to work with you. Each of our social media accounts is free advertising vehicles for what we're working on. For the first time in history, everyone has a channel and platform to express whatever they want on an international scale.

REMEMBER THIS:

Everyone's highlight reel, ain't real. Rarely do we show our struggles like we show our achievements. Be great even when no one's liking it.



NEVER TOO MUCH...

When you're making the perfect meal you might have limitless seasonings to work with, but the meal only needs the right collaboration of a few mixtures to be on point. The same goes for your brand. I have found the best results come when I have extended myself as much as I can before I bring someone else in. People are like the seasoning to your meal, choose wisely so you don't throw off the flavor. Quality murders quantity.

Don't water your shit down just to make it easy to digest. Let those who gravitate to it naturally define your market, audience, and support. People can tell when someone is being genuine. Now, in the same breathe you must know when to switch up for the sake of growth...not acceptance. There's a difference between altering strategy vs. foundation.

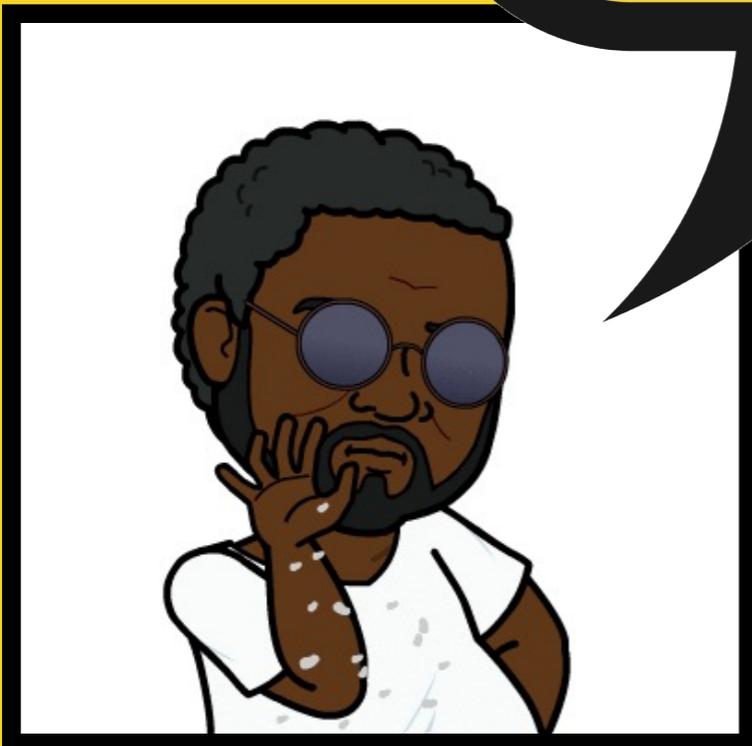
Here's the truth, we all want to win. Many don't know how, where, or when to begin, so they sit on the clock in hopes that someone else will put the ingredients together for them to cook up. That's just not how making a difference works. You are the fuel.

Don't get me wrong, I have been in this position before. In recent times, if I have to be honest. There are times where ideas can be intimidating to start but once you begin things just start to fall in place. There is never enough time, support, or money. Don't wait, create.

JUST ENOUGH

Everything you need already exists, all you have to do is find the pieces and bring them together. You are enough to make your visions come to life. The power is in the pursuit. I can't say this enough. I spent so much time wondering how and if I'll ever be able to do shit, my talents were growing stale and my ideas were being manifested through other people. That's a very frustrating feeling, but you can turn it into a positive. The positive is, stop doubting yourself...because now you see your ideas can work.

You don't need too much to begin. You need a solid direction, organization, and a plan. That's just enough to make everything come together. Oh yeah, be patient...shit takes time.



NO ONE HAS ALL “THE ANSWERS”

how?
when?
what?

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I hope this gives you confidence, but no one has all the answers. I'm willing to go on a limb and say, most don't have half the answers. Everybody you see is trying to figure it out. The most skilled people have experience, and the trials led them to understanding. In other words, your life is the blueprint and you are the architect.

This ebook was an internal and personal conversation I had been having with myself, and I decided to open that conversation up to you. I don't know much, but I do know that I'm learning along the way and you can and will do the same. Let's make it happen!



The man that knows something, knows that he knows nothing at all. - Erykah Badu

THE OCCASIONAL HYPOCRITE



What's up? I'm, **Free The Vision**. Let me give you a little insight on myself and why, *Hypocrites Know Best*, was necessary. This book serves as a confessional and a "Free" guide to seeing life differently. As the writer of this book I have played every position in it. I have been the person receiving great advice from mediocre advisors, and I have also been the mediocre advisor giving great advice. Through time and the pursuit of my vision I have found myself experiencing/learning new things that made my old beliefs hypocritical. Growth can be some revolutionary shit, but it's so necessary.

I am a writer, influencer, podcaster, and occasional hypocrite. Being a hypocrite used to scare me. I found myself holding on to old things just so I wouldn't contradict myself in other areas. It was all bullshit. Instead, I ended up learning it's okay to have new opinions and think differently. It is also okay to have duality. You can think one thing, and also understand, feel, or recognize the opposite of that same thought. Humans are not limited to labels. We are the creators of labels. As we all grow we'll find ourselves somewhere being and feeling like a hypocrite but we'll also find ourselves steps ahead of where we used to be. Once we realize that life is an evolutionary story we begin to allow ourselves the room to level-up. Being a hypocrite is not the worst thing you can be. In fact, being a hypocrite can be proof you actually learned something.

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